



G R O U N D I N G  
L I G H T

A FILM BY

L. SCOTT JONES

A journey exploring our inner somatic agency to awaken a greater aliveness



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“Only by healing our core wounding can we take back our true power and live a life with greater aliveness.”

- DR. FRED MITOUER

# ABOUT THE FILM

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A new era of human evolution and the greater aliveness it can offer is already here.

Every era, humankind has celebrated voices that challenge the conventional thinking and practices of their times, like Einstein, Martin Luther King Jr., Jung, and more. They gift us with profound ideas that turn into lasting movements changing how we see ourselves, live with ourselves, and connect to the greater world and beyond.

The evolution of the human experience doesn't have to wait for the next era's voice to emerge with rewards to be explored and be activated. In our current era, a new voice steps in to unlock the next chapter for the human experience to evolve yet again... *GROUNDING LIGHT*

*Grounding Light* is a feature documentary inviting you into the body's wisdom, allowing you to quiet the mind, liberate the body and integrate with the soul. A transformational journey to this new world is revealed through somatic agency, where the Body-Mind becomes one with a greater Divine Intelligence. The resulting liberation ushers the viewer into a new vision of human possibilities that hold a depth of playfulness, wisdom, and creativity. This process becomes the healing journey that fuels us into more Love and Light in our everyday life and opens us to express our true humanity.

The film follows the journey of Fred Mitouer—a Master Teacher and Metaphysician—at work with his clients, students, and colleagues—as he exposes transformative energetics into the healing field of personal and collective ancestral karmic wounds that, once healed and released, turn into blessings.

Many documentaries provide us great insight and entertainment. *Grounding Light* is here for that and more, by sparking a grand movement with a supportive platform for a world ready to activate a new and rewarding human experience.



# GROUNDING LIGHT

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# REASON TO BELIEVE

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## THE WORLD IS READY!

We are at a critical juncture on the journey of our unfolding human experiment. We are embarking on a new era, where a new consciousness is emerging and leaning in towards a future that is ready to holistically support and embrace our greater aliveness.

Since the dawn of humanity, we have heard the grand eternal call to adventure “Explore Your Transformation” and this very notion continues calling on us just as loudly as ever in these times filled with so much challenge and opportunity.

Our desire to live greater has become awakened and accelerated by media, looking deeper into wellness and the wellness industry at large for support when western medicine has sadly only gone so far for our wellbeing. It’s hard to ignore how much value the thriving wellness market is creating by providing rich content, tools, and services / products, with dreams to answer our inner call, “may this help me”.

Yoga, Pilates, Homeopathies, films like -“Stutz”, “Fantastic Fungi”, and many other wellness campaigns / brands gift us with great stories, movements, and products/service platforms in the name of a greater life. The boom in wellness is not only big business but has helped to deliver greater health and wellbeing able to navigate a life in better ways than what was known before.

There currently isn’t a clear voice broadcasted brightly and broadly in media that speaks to the profound psycho/somatic healing benefits like *Grounding Light* offers. We believe the world is ready for this film and a supportive platform to provide continued content development, tools, education, resources, and a thriving/supportive community to explore the many rewards that somatic healing can offer.





# ABOUT DR. FRED MITOUER

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**Dr. Fred Mitouer** is the creator of Somatic Agency™, a transformational bodywork system that teaches individuals how to heal from within.

Fred Mitouer, Ph.D., is internationally known for his groundbreaking somatic therapy. He created Pacific School of Massage in 1978 and Transformational Bodywork in 1989 and known today as Somatic Agency.

Fred continually invites the curious and the bold, those who are willing to answer the call to the internal adventure, to manifest a healthier and more activated body and spirit onto his massage table. Through shamanic depths and physiological expertise and training, Fred removes barriers and helps engage greater purpose in this present moment. He empowers and transforms the consciousness and physical states of countless individuals in diverse fields spanning the world.

Fred's work has been presented in Paris, Hong Kong, Russia and throughout the United States. He and his wife Cheryl have certified more than a thousand massage practitioners over 30 years..

Fred's creative force of nature has also given birth to Dragons' Breath Theater and Quantum Theater & Art Gallery as visual and experiential representations of transformation.

Fred's writings have appeared in *Perspective*, *Massage Magazine*, *Common Ground* and *Yoga Journal*. He is the author of *Wounds into Blessings*; and is a co-author of the award winning book, *Healing the Heart of the World*, Elite Press.

He is a proud father and grandpa and lives with his wife, Cheryl, and their dog Lightning, on California's Mendocino Coast where he sculpts in metal and stone and rides his dragons.



# ABOUT DIRECTOR L. SCOTT JONES

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L. Scott Jones is a filmmaker, editor, and producer who has been a video production professional for over 20 years.

In recent years, Scott went through a series of profound personal challenges, processing the enormity of his life's potential during a time of painful losses—the passing of his mother followed by the loss of his last remaining closest kin, his sister.

Unexpectedly, Scott found himself on the Mendocino coast, where via a mutual friend, he volunteered to help Fred with a community art project. In return, Fred offered somatic therapy sessions for Scott's contributions. Scott knew nothing of Fred and his work, nor was he particularly seeking a new type of healing.

Scott describes his initial session with Fred as a peak life experience. While lying on the floor in Fred's treatment room reeling in the wake of a profound transformative experience, Scott shifted into a new aliveness and uttered the words, "we should document this". The story for *Grounding Light* began.

As a filmmaker, Scott's ambition is to gift *Grounding Light* to the world stage, and to continue filming/giving voice to many other psycho and somatic healing modalities of the world that can benefit others, as Fred's work has done for him.

L. Scott Jones clients include the Indianapolis Colts, NBA Entertainment, NCAA, ESPN, Discovery Network, MTV, CNN, MSNBC, Inside Edition, Eli Lilly Corporation, ABC, CBS, and the Late Show with David Letterman.

L. Scott Jones has traveled extensively throughout the United States, Europe, and Egypt. He's an avid drummer, scuba diver, and yoga practitioner.





# ACTIVATING IMPACT

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## ACTIVATING THE IMPACT WE NEED

By: DR. FRED MITUOER

As a child, I had a dream to find my calling and discover a gift to share with humanity that would contribute to a better world before I passed from this earth. This film, *Grounding Light*, is a part of that legacy. Somatic Agency™, the work that found me 50 years ago, has been fashioned and tempered by the many thousands of individuals I've touched.

While writing my next book, the pandemic took us into a challenging vortex that gave me the opportunity to work with the inspired talent of filmmaker, L. Scott Jones. Together we have crafted this film project that captures the trajectory of my mission to bring somatic healing to the greater world.

I have assembled a team of brilliant, creative, and heart centered folks supporting Somatic Agency™, crafting together a grand vision for *Grounding Light* to be much more than a powerful and engaging film but to be realized as a truly supportive movement and platform. Long after experiencing *Grounding Light*, the viewer will have a clear path to deeply investigate into the somatic healing arts with readily available resources, experiences, tools, and a supportive community helping them on their wellbeing journey.

*Grounding Light Film* is looking for Financial and Production Assistance to take it into the greater world as a teaching and inspiration to bring conscious touch into the lives of people who hunger for healing, freedom, personal sovereignty, and joyous well being.

To clarify our vision for the film and its platform potential, we have drafted an initial 3 phase approach to activate our dreams for global rewarding impact.





# ACTIVATING IMPACT

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## PHASE 1

1. Complete final cut of *Grounding Light* film
2. Design V1. Grounding Light Platform (Acquire & Activate Talent Needed)
3. Create Marketing Strategy & Media Asset Creation: Round 1
4. Discover / Acquire Producers & Distribution
5. Establish a clear voice in the market for Somatic Healing
6. Acquire full funding needed for Phase 1.

## PHASE 2

1. Distribute final cut of Grounding Light Film
2. Implement V1. Grounding Light Platform
3. Users invited/engaged with film's promise & platform service potential thru social media
4. Create Marketing & Media Asset Creation: Round 2
5. Generating / Providing all necessary materials for Producers & Distributors for putting Grounding Light on our screens
6. Acquire full funding needed for Phase 2.

## PHASE 3

1. Launch & Broadcast *Grounding Light* Film to the masses on universal world platforms
2. *Grounding Light* Film / Platform fully generating further interest / project lead potential
3. Create Marketing & Broadcast Asset Creation: Round 3
4. Design V2. *Grounding Light* Platform (Acquire & Activate Talent Needed)
5. Create new content/services & markets for the future within the Somatic Agency™ Master Brand
6. Acquire full funding needed for Phase 3.





# G R O U N D I N G L I G H T

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## INVITATION TO CONNECT

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*Grounding Light* film is an invitation for us all to help deliver the world's next chapter of the human experience into being. Let's create a much-needed movement primed to liberate the bio-conscious fields that uncover, recover, and redesign our soul-compass of wellbeing and divine intelligence into more. Let's bridge our psychic/body into a new art of living with a lighter karmic load as the new Human Beings who can trust themselves and one another.

Together we can give this film the needed support to unlock a new era of aliveness for all.

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